

## AVON VALLEY RUNNERS

NEWSLETTER No. 1

SUMMER 1986

Dear Member,

Welcome to "AVON VALLEY RUNNERS". The Club was formed on 2nd January 1986 by a mixture of experienced athletes and local fun runners looking for a low key running club without the hassle of track and field athletics.

The following members were elected to fill the key positions:-

President - M. Holland Snr.

Vice-Presidents - O. Swansbury, C. Eddy.

Secretary - I. S. Farr, 24 Victoria Gdns., Trowbridge. Tel. 5605

Treasurer - M. Holland Jnr. 20 The Rank, North Bradley, Trowbridge.  
Tel. Trowbridge 62743

Chairman - P. Morgan. Tel. Lavington 3289

Captain - T. Northwood, 45 Hilperton Road, Trowbridge. Tel. 69929

If you have any queries ring any of the above or area contacts

T. Roberts Bradford on Avon 6764, M. Connor Melksham 705558,

R. Ellis Westbury 827138 and R. Merritt Bath 859173.

It was agreed to affiliate to the bodies governing Road Running and it is hoped to enter local cross-country leagues for the 86/87 season for any member who is interested in this sport.

Training for members bored with their own company is as follows:-

Tuesdays 7.30pm at the Judo Club, Innox Road, Trowbridge.

Thursdays 7.30pm at the Culver Close Pavillion, Pound Lane, Bradford on Avon. (near the Tythe Barn). Afterwards members can be found in the club Headquarters "The Three Horseshoes" near the station replacing their carbohydrates.

Sundays 10.30am meet in Pound Lane changed.

Club vests and T shirts are available from the Secretary at £3 and bobble hats at £2

If you wish to take advantage of the Club postal system please pass your race entries to the secretary or captain. Entry forms for many races can be obtained from the secretary.

Any member who competes in a race where the captain is not present and would like their performance included in the athletic notes of the local newspapers please notify the captain before the following Tuesday. The secretary would also like to enter your performance in the club activities book.

The club will be presenting a perpetual trophy to the fastest club Marathon runner of the year. Leader at the moment is Bill Thomas with 2hr-58-04 in the Bristol Marathon.

A donation of £10 was sent to the "Kennet & Avon Canal Trust" as so many members are using the cinder towpath which leads all the way to Bath amid stunning scenery through the Avon Valley.

Members are reminded that Bath  $\frac{1}{2}$  Marathon forms which will be available in the Autumn must be sent in immediately to gain a place.