Avon Valley Runners

Committee

Tuesday 2nd November 2021

TRFC 8.30pm

**Attendees:** Richard Newman (Chairman); Vicky Bodman (Hon Secretary);David Hyde (Volunteer Coordinator); Michael Guy (Assistant Secretary); Anthony Hickson (Off Road Secretary) Kathryn Partington (Minutes secretary); Carole Alston (Safeguarding lead); Debbie Ellis (JAVR secretary) Sarah Emery (Social Media and Marketing Secretary and Vice Chair) Gemma Knudsen (Road Race Assistant) Kat Taylor Laird (AVT Secretary); Laura Beardsley. Tim Lowrie, Jackie Rockcliffe, Chris (JAVT) Leah (JAVT), Claire Heathcote

**Apologies:** Vicky Ody (Hon Treasurer); Andrew Jeffries (Road Race Secretary; Jolene Farion (Off Road Assistant)

**1. Previous minutes**

The previous minutes were agreed as an accurate record

**2. Appointment of new committee members**

**3.1 Treasurers report**

Report received

Balance £15,635.64

**2.2 Membership Secretary report**

9 joined in October including 7 brand new members. 2 of those that joined in October also applied for EA and 3 existing members added EA to their membership.

Therefore, as of the 31st October there are 403 members, which includes 23 life members (so 380 paying members).

Of the 403, 199 have applied for EA membership as well.

403 are new members this year.

**2.3 – Kit report**

Orders received – 5

Orders fulfilled – 1

Orders outstanding – 4 (dates in place for collection)

Stock coming of Hi viz items and VB looking into sleeves and compression bottoms. The kit list is expanding.

**3 Club Captains reports**

1. **Road –** Road league has finished for this season, no report received.
2. **Off Road (including walking group) - Category prizes for race league**

AH has added 1 new race to the off-road league, Hanham horror (4th April). 20 races 8 will count.

21st May Bristol 3 peaks

Gwent races coming up soon

1. **AVT –** Segment of the month challenge going on for next year and TT challenge. Darren Wrintmore will be leading this. He has mentioned sponsorship for awards next year and also potentially for other events.

Quite a few members have signed up for Weymouth Half iron man. Have set up social events at the weekend

1. **JAVR – Future proposal**

RN sent out a proposal to committee that has been submitted by Sara Robert. JSB is stepping down and something needs to be done to ensure it keeps running. We have had some great juniors come through and this should be supported by the club. UKA have brought out a new coaching strategy which has suggested paying coaches, will back up Sara’s proposal. JAVR are receiving at least 2 emails a week with interested new members, so interest is being generated. We have approx. 30 JAVR members at the moment. RN suggested paying coach for first year and then looking at raising funds following this. The coach would be liaising with parents regarding races and help to make sure that training is structured. SR also suggested moving to term time only offer. The cost will be approx. £200 p/m

It has also been discussed to rebrand JAVR, quite a few of them do not like to be called juniors, have suggested being AVR – Youth. This relaunch could be done as part of the coaching being brought in.

SE asked if we could bring the age down for entry, SR said this could be discussed in the future.

It was asked if this has been discussed with other club coaches, as none of them are currently paid. Jackie has spoken to Steve briefly who seemed to have no problems with this. Steve has said he would help structure sessions in the short term.

Juniors are having Xmas dinner 17th Dec, this is normally subsidised by £10 per junior, is this ok to still go ahead? This was agreed to come from the social budget.

1. **LIRFS and CIRFS update –** 6 Lirfs in training, no additional interest in coaching. Putting on a half day to allow members to learn more about what it is. KP suggested offering discounted membership to encourage people to sign up, GK has said that we also need to find out why people aren’t volunteering. SE asked if you become a cirf without being a lirf. Ideally you need to do Lirf first although there are other routes.

EA are bringing in some training for existing Lirfs. **Action – DH & VB to look at setting up open morning for people to find out more.**

1. **Working group reports (social; volunteering; Goal Getters etc.)**

**Social -** Halloween Party went well and really positive feedback.

Presentation Evening is coming up next. The social committee is very small, and it is becoming hard work to get people engaged. They have suggested reducing events and doing social runs and presentation evening.

**Volunteer working group** – Still not managed to fill DH role, no interest. DH asked do we scrap Volunteer working group and send it back to RD’s. We have struggled to get volunteers for AVR half and still haven’t got quite enough yet. Claire asked how do we know who turns up to marshal for them to get their points for the T shirt. Joby said that when he was originally on working group, he was against the idea of a T shirt, particularly for the coordination involved in this. We are asking for a lot of volunteers 2 weeks apart with the AVR half and Over the Hills. Each race has a working group and maybe a volunteer coordinator needs to be placed within these

1. **Club calendar and potential AVR organised races**

No updates

**3. Committee updates and discussion**

1. **Race Directors**

RN has concerns that we have no RD for AVR half, Westbury 5km series. He suggested reaching out to DB max or Redfish to see if they would be interested in running the event. RN has spoken to VO to confirm how much income is brought in from Westbury. Westbury is gaining in popularity. AH has said he would share the job of RD. Joby said, we need to decide why we are running the events, is it to pay back to community or to raise money? AH said AVR half and OTH give half the entry money to Air ambulance and Alzheimer’s. It was suggested that we need to get more information out to members about what a RD does. **Action – RN to post on social media**

1. **Presentation evening working group**

We need a group of 6 – 8 people to sit and assist AJ and AH to nominate for awards. Anyone willing to volunteer. Tim Lowrie volunteered, Alan Button may help

1. **Run together app/club consultation**

Joby wanted to say thank you for improving relations in BoA, nearly lost a whole group in BoA. Still struggling with Run together app and ongoing issues. People are not participating in club runs because of the app, can understand the reasons for bringing in the app but it is a bad thing if it is putting members off running. Joby asked if we could go out to the club for feedback on the app to get members opinions. RN said FB posts tend to run in 3 categories, people that won’t use it, people that feel guilty about cancelling, and technophobes. SP has said that he will do a run together workshop to help those that are struggling with the technology.

The app has shown its positives in the fact we can use it as track and trace. DH has also said that there are Lirfs and Cirfs that won’t run sessions without using the app. SE asked why was this? GK said part of this is because we have more people wanting to access speed sessions. DH has had members have falls on runs and have used the app for medical problems. A member has asked that if they signed up on entry central, why can’t this be used. Lirfs can’t access this information when out for a run. KTL suggested that when members join can we issue them with medical bands, with ICE details on. RN said we have to have a duty of care and he fully endorses the run together app to make sure we have up to date information on members if there are problems on a run. AH asked if we could go back to paper register, this does not support the medical problems. Can runs that aren’t on Run together be promoted, such as the ones that go out from BoA. They are currently buddy runs. DH asked Joby if he was happy to add this to the AVR member’s page. RN said that we are looking at doing a wider consultation in January and we could feed this into that. Joby asked was there a point if nothing would change regarding the use of the app. DH asked if Joby would be willing to join the working group for this, he agreed.

1. **Star vests and club records**

Club records have been moved to new website. Frank is down for a record but doesn’t have star vest. Jackie said they were first brought out in 2016, if records are broken then they get awarded a star vest. It was agreed Frank could have a vest. SE asked how we got the vests, SE to speak to Sean Price.

1. **EA award shortlist –**
2. Sean Price, Dave Hyde, Vicky Bodman.

Vicky has had to send in photos for the above people.

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**4. AOB**

RN had a Complaint from a rugby club member, the man’s daughter was making sandcastle on the track. A member had said if you keep doing that your arm will get trampled on, the member had said it to avoid the child being injured. VB suggested speaking to Kev to get a message out to TRFC to keep off the track during sessions

CA picked up a big first aid kit from Pound lane, everything was out of date. We need to check the kit at TRFC. We don’t have a system in place to currently monitor this. It was agreed that Carole could go out and buy this.

AH got quotes for chip timing, he has contacted DB Max and LPS no responses so far. Hodd has been talking to DB max.

VB was approached by Trowbridge community engagement manager who had been approached by one of the councilors asking if we were given £5000 for a track why were there members running down the road on a Monday night. VB fed back reasons.

SE has said the AVR feather flags are in a sad state, they were bought over 15 years ago. We need to upgrade these. All agreed.

A club member has asked if we are allowed to meet inside TRFC before group runs now the weather is colder – Although we can use the facilities at TRFC we still have to meet outside.

LB – Key is no longer in lock box for people to use, this was removed by people from Bradford council

**5. Next meeting** Tuesday 7th December 2021 8:30pm **TRFC**

**Meeting ended at 10.00pm**